As a photographer, we run into all sorts of little things that end up having a huge impact on our end product. Glare in glasses is definitely one of those that maybe you don't notice at first and then you realize that you can see yourself in every photo you took. Or maybe you do notice and end up spending a bunch of time trying to reposition your subject just right so the glare goes away. Either way, it is a process and so we wanted to share a few tips of how to reduce or entirely get rid of any glare.

I do want to say that because their are a lot of variables here like kinds of glasses, what equipment you are using, what the lighting is like, there is no one solution. What I typically do is set up my frame, place my subject and figure out from where is the glare coming frome. You can do this by shielding the glasses with your hand and slowly moving it around until the glare is gone. From there, you have a few options.

What I have found to be the easiest is to slightly tilt the glasses on your subject, just a little bit so it doesn't look funny but gets rid of the glare. It will feel kind of awkward to them so make sure you don't do it too much and reassure them that it looks natural after you've taken a few photos.

Another trick is to physically move them until the glare is gone, typically this will be from the sun or lights nearby so try placing them either with the light behind them or in a spot that the lights are blocked from directly hitting their glasses. If you can't do this or are trying to shoot in a specific location, you can ask them to move their head slightly, either to the side, up or down until the glare is gone.

With these couple of tips you should be able to take great looking shots without any glare!